

## GERIATRIC DEPRESSION SCALE

File # : \_\_\_\_\_ D.N.N. \_\_\_\_/\_\_\_\_/\_\_\_\_

Name at birth \_\_\_\_\_

First name \_\_\_\_\_

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This scale is in the public domain.

DATES			

<i>Choose the best answer for how you felt over the last week.</i>	Yes	No	Yes	No	Yes	No	Yes	No
1. Are you basically satisfied with your life ?	0	1	0	1	0	1	0	1
2. Have you dropped many of your activities and interests ?	1	0	1	0	1	0	1	0
3. Do you feel that your life is empty ?	1	0	1	0	1	0	1	0
4. Do you often get bored ?	1	0	1	0	1	0	1	0
5. Are you in good spirits most of the time ?	0	1	0	1	0	1	0	1
6. Are you afraid that something bad is going to happen to you ?	1	0	1	0	1	0	1	0
7. Do you feel happy most of the time ?	0	1	0	1	0	1	0	1
8. Do you often feel helpless ?	1	0	1	0	1	0	1	0
9. Do you prefer to stay at home, rather than going out and doing things ?	1	0	1	0	1	0	1	0
10. Do you feel you have more problems with memory than most ?	1	0	1	0	1	0	1	0
11. Do you think it is wonderful to be alive now ?	0	1	0	1	0	1	0	1
12. Do you feel pretty worthless the way you are now ?	1	0	1	0	1	0	1	0
13. Do you feel full of energy ?	0	1	0	1	0	1	0	1
14. Do you feel that your situation is hopeless ?	1	0	1	0	1	0	1	0
15. Do you think that most people are better off than you are ?	1	0	1	0	1	0	1	0
<b>TOTAL</b>	/		/		/		/	
Do you think of harming yourself or killing yourself ?	Yes	No	Yes	No	Yes	No	Yes	No
If yes, do you intend to do so ?	Yes	No	Yes	No	Yes	No	Yes	No
Do you often feel scared, apprehensive ?	Yes	No	Yes	No	Yes	No	Yes	No
Are you being plotted against ?	Yes	No	Yes	No	Yes	No	Yes	No
<b>TOTAL</b>	/		/		/		/	
<b>Initials</b>								

Init.	Signature / Professional's Title	Init.	Signature / Professional's Title

Result : > 5 → is suggestive of depression and should warrant a follow-up interview  
> 10 → are almost always depression, reference